

MOKSHA YOGA AURORA

STUDIO ETIQUETTE

- **ARRIVE EARLY** (at least 15mins before class starts). Late comers will not be permitted into class.
- **TURN OFF** Cell phones and pagers upon entering the studio.
- **SIGN IN** at the desk before you enter change rooms.
- Be **SCENT FREE**, no perfumes, colognes & other scented products.
- Leave **BAGS** & personal items in the change rooms. Bring a lock if you wish to secure your belongings in the lockers provided, for day use only.
- Bring **ONLY** your mat, towel and water bottle into the practice room.
- Allow us to **CLEAN THE PRACTICE ROOM** before entering class.
- Observe **SILENCE** in the practice room at all times.
- Try to **REMAIN IN THE PRACTICE** room for the duration of your class...if you must leave, exit and re-enter quietly during a resting pose.
- **LOST & FOUND** items remain until the last day of the month, when all contents are donated to the Salvation Army. We are unable to keep lost items behind the desk.
- Moksha Yoga Aurora is not responsible for any lost or **STOLEN ITEMS** on our property. Thank you for understanding.
- Relax, **BREATHE DEEPLY** and have a great class.

calm mind. fit body. inspired life.